



Camp Middlesex

1031 Erickson Road
Ashby, Massachusetts 01431

Phone: (978) 386-7704

www.campmiddlesex.com

Steven J. LaFountain, CAGS, Executive Director

What to Bring to Day Camp

Recommended:

- Swim suit
- Beach towel
- Sun screen (non-aerosol)
- Insect repellent (non-aerosol)
- 1 change of pants/ shorts
- 1 change of shirt
- 1 change of underwear & socks
- Rain gear (coat, poncho, boots, umbrella, etc.)
- Sweatshirt or sweater
- Sandals or flip-flops (for pool)
- Water Bottle
- Sneakers, crocks, or comfortable walking shoes
- Hair ties for long hair
- Backpack to store belongings
- Medical Form (completed by physician)
- Prescribed medication (in original container)
- All possessions labeled with camper's name.

For Horsemanship:

- Long pants
- Boot with a 1-1.5 inch heel (construction or hiking boots are OK, rain boots are not)

Not allowed at camp:

- Electric Equipment – Video games, cell phones, radios, etc.
- Anything of value
- Weapons – Pocket knives, toy or real guns, etc.
- Cash

Please Note: **Camp Middlesex is not responsible for any clothing or personal items brought in by campers.** Campers are responsible for labeling their items before coming to camp and for checking the lost and found for items before they leave.