Camp Middlesex – Weeks 1, 4, and 7 Menu – 24.1 *Note: Meals are subject to change

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Breakfast	Scrambled	French Toast	Blueberry	Waffles	(Trip Day –
*All meals have		Sprinkle	Eggs	Stix	Coffee Cake	Home Fries	After week 4)
cereal and		Cake	Toast	Sausage	Fruit	Fruit	Cereal and
breakfast bar		Sausage	Hash Browns	Fruit			bagels
options with fruit,		Fruit	Fruit				Donuts
yogurt, milk and							Fruit
juice		G 111 1	.		D. T.		
LUNCH	Brunch	Grilled	Pretzel	Chicken Nuggets	BLTs	Plain or	Trip Lunch
*All meals have	Omelets	Cheese	Melts	Fries	Lettuce	Veggie	Cold Cut
salad bar option	Bagels	Tomato	Ham &	Vegetables	Tomatoes	Pizza	Sandwiches
with milk and	Home Fries	Soup	Cheese on a		Cheese	Macaroni	Chips
juice. Peanut Butter &	Toast	Crackers	pretzel bun		Vegetables	Salad	Vegetables
Jelly also offered.		Potato Chips	Pasta Salad			Vegetables	
Jeny also offered.		Vegetables	Vegetables				
DINNER	Spaghetti	Baked	Fiesta Night!	COOKOUT	Shephard's Pie	Chicken	Lasagna
*All Meals have	with	Chicken	Tacos	Hamburgers	Vegetables	Parm	Vegetables
salad bar option	Meatballs	Rice	Burritos	Hotdogs	Rolls		
with milk and	Garlic	Vegetables	Cheese/Beef	Corn on Cob		Rice	
juice.	Bread	Bread &	Vegetables	Baked Beans		Vegetables	Ice Cream
Peanut Butter &	Vegetables	Butter	Fixings	Pasta Salad	Churros with	Rolls	
Jelly also offered.	6.1		6-		Chocolate		
	Pudding with	Cookies	Strawberry	Ice Cream	Sauce	Congo Bars	
	Whipped		Short Cake	100 010			
	Cream		Short care				

Camp Middlesex – Weeks 2, 5, and 8 Menu – 24.1 *Note: Meals are subject to change

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Breakfast	Scrambled	French Toast	Puffed Pastry	Bagels with	(Trip Day –
*All meals have		Sprinkle	Eggs	Sausage	Turnover	a Variety of	After weeks 2
cereal and breakfast		Cake	Toast	Fruit	Fruit	Spreads	& 8)
bar options with		Sausage	Hash Browns			Fruit	Cereal and
fruit, yogurt, milk		Fruit	Fruit				Bagels
and juice							Donuts
							Fruit
LUNCH	Brunch	Chicken	BBQ	Popcorn Chicken	Chicken	Plain or	Trip Lunch
*All meals have	Omelets	Patty on a	Keilbasa	Vegetable Soup	Fajitas with	Veggie	Cold Cut
salad bar option	Bagels	Bun	Mac &	Tator Tots	Sides	Pizza	Sandwiches
with milk and	Home Fries	Peas	Cheese	Vegetables	Vegetables	Potato Salad	Chips
juice. Peanut Butter &	Toast		Vegetables			Vegetables	Vegetables
Jelly also offered.	Fruit						
deny unso offered.							
DINNER	Ziti w/ Plain	Sweet &	Chilli &	COOKOUT	Barbecue	Turkey	Trip Dinner
*All Meals have	or Meat	Sour	Corn Bread	Hamburgers	Pulled Pork	Mashed	Lasagna
salad bar option	Sauce	Meatballs	Rice	Hotdogs	Cornbread	Potatoes	Vegetables
with milk and	Garlic Bread	Rice	Vegetables	Corn on Cob	Vegetables	Stuffing	_
juice.	Vegetables	Vegetables	_	Baked Beans		Rolls	
Peanut Butter &	_		Cookies	Pasta Salad	Cake		Ice Cream
Jelly also offered.	Rice Krispie	Apple Crisp				Congo Bars	
	Treats			Ice Cream			

Camp Middlesex – Weeks 3, 6, and 9 Menu – 24.1 *Note: Meals are subject to change

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Breakfast	Scrambled	French Toast	Cinnamon	Waffles	(Trip Day –
*All meals have		Sprinkle	Eggs	Stix	Rolls	Home Fries	After week 6)
cereal and		Cake	Toast	Sausage	Fruit	Fruit	Cereal and
breakfast bar		Sausage	Hash Browns	Fruit			bagels
options with		Fruit	Fruit				Donuts
fruit, yogurt,							Fruit
milk and juice		~			~~~		
LUNCH	Brunch	Grilled	Chilli Cheese	Chicken Tenders	BLTs	Plain or	Trip Lunch
*All meals have	Omelets	Cheese	Dogs	French Fries	Lettuce	Veggie	Cold Cut
salad bar option	Bagels	Tomato Soup	French Fries	Cole Slaw	Tomato	Pizza	Sandwiches
with milk and	Home Fries	Vegetables	Vegetables		Cheese	Potato Salad	Chips
juice.	Toast				Vegetables	Vegetables	Vegetables
Peanut Butter &	Fruit						
Jelly also offered.							
offered.							
DINNER	Chicken	General	Fiesta Night!	COOKOUT	Steak &	Honey	Trip Dinner
*All Meals have	Alfredo	Tso's	Quesidillas	Hamburgers	Cheese Sub	Mustard	Lasagna
salad bar option	Garlic Bread	Breaded	Tacos	Hotdogs	Waffle Fries	Ham	Vegetables
with milk and	Broccoli	Chicken	Cheese/Beef	Baked Beans	Vegetables	Baked Potato	
juice.		Rice	Vegetables	Pasta Salad		Dinner Rolls	
Peanut Butter &	Pudding with		Fixings		Carrot Cake		Ice Cream
Jelly also	whipped	Vegetables	1 1/111150	Ice Cream	Surrot Sunc	Congo Bars	lee Cream
offered.	cream	, 05011101010	Pie Night!	ice Creum		-	
		Brownies	i ic ivigiit!				
		DIOWINGS					